



CLACKAMAS FIRE DISTRICT #1

## September is *National Preparedness Month*

Clackamas Fire District #1 is committed to creating a more disaster resilient community. Throughout the month of September, Clackamas Fire will be observing National Preparedness Month. By partnering with residents and community partners in the District, we will work to share the preparedness message. We are available to speak to clubs, neighborhood associations, businesses, office staff, church groups, etc, on the subject of emergency preparedness. The 45 minute discussion takes a very practical approach to individual and family preparedness. Please call (503) 754-2902 to schedule a presentation for your group.

The big event for the month will be the Community Emergency Preparedness Seminar. This free seminar will take a more in-depth look at the Elements of Preparedness, including: food storage, 72-hour kit preparation, family communication plans, and much more!

### Emergency Preparedness Seminar

Date: Tuesday, September 30<sup>th</sup>  
Time: 6:00 – 8:00pm  
Location: Clackamas Fire District #1 Training Center  
16170 SE 130<sup>th</sup>  
Clackamas, OR 97015  
Cost: FREE



Seating is limited, so please go to [www.clackamasfire.com/disasterprep.html](http://www.clackamasfire.com/disasterprep.html) to enroll today!

For more information contact:

Gregg Ramirez at (503) 754-2902 or [gregg.ramirez@clackamasfire.com](mailto:gregg.ramirez@clackamasfire.com)

Gregg D. Ramirez CCEMTP  
Emergency Manager  
Clackamas Fire District #1

## Family Plan



Knowing that your family and loved ones are safe is a priority. To do this we recommend the following tips:

- Discuss your family plan in case you need to use it
- Have an out-of-state contact in case local telephone lines are down
- Designate a local meeting spot
- Make a mental note of where each family member's location at specific times during the day
- Keep the information current
- If your employer requires you to stay at work during a disaster, have a predetermined person check on your family and make contact with you or the out of state contact

For Additional Information  
See Web Sites Listed Below

[www.clackamasfire.com](http://www.clackamasfire.com)  
[www.clackamas.us/emergency/](http://www.clackamas.us/emergency/)  
[www.oregon.gov/omd/oem](http://www.oregon.gov/omd/oem)  
[www.ready.gov](http://www.ready.gov)  
[www.earthquake.usgs.gov/prepare/](http://www.earthquake.usgs.gov/prepare/)  
[www.redcross.org/prepare](http://www.redcross.org/prepare)



**CCENS**  
CLACKAMAS COUNTY  
EMERGENCY NOTIFICATION SYSTEM

Get emergency  
notifications sent to  
your home phone,  
cell phone and  
email.

It takes only minutes to register go to  
[clackamas.us/emergency/ccens.html](http://clackamas.us/emergency/ccens.html)

We are available free of charge to  
provide an emergency preparedness  
presentation to your club, church group,  
neighborhood association, etc...

Please contact:

**Gregg Ramirez**

**Emergency Manager**

(503) 742-2660

[GREGG.RAMIREZ@CLACKAMASFIRE.COM](mailto:GREGG.RAMIREZ@CLACKAMASFIRE.COM)

## PREPARE NOW

# FAMILY GUIDE TO EMERGENCY PREPAREDNESS



CLACKAMAS FIRE DISTRICT #1

For Emergency  
Services Dial

# 911

# DISASTERS TO PREPARE FOR

## EMERGENCY PREPAREDNESS KITS HOME, VEHICLE AND WORK

### Severe Weather



- Prepare for extended power outages
- Plan for extra food and water needs
- Have a plan for pets/livestock
- Plan for heating needs
- Drive only if essential
- Monitor local news/radio channels for emergency information
- During freezing conditions, protect pipes and leave a faucet dripping

### Floods



- Clear storm drains of leaves
- Sandbag in advance if needed
- Evacuate when asked to do so
- Take your pets with you
- Help others during an evacuation
- Do not drive through flood waters
- Rescue only by throwing a floatable device

### Earthquake



#### Prepare

- Create a plan
- Prepare disaster kits
- Secure and strengthen your home

#### Survive

- Drop, cover, and hold on

#### Recover

- Check for injuries
- Check for building damage
- Check for utility damage

### Utility Shutoffs



#### Know the location of the following

- Main electrical shut off
- Main water valve shut off
- Gas valves (natural or propane)
- Location of water and gas wrenches

Note: Only shut off gas if you suspect a leak

The amount of supplies you should have depends on the type and severity of the disaster. In the event of a large disaster you may need **one to two weeks worth of food and water**. Remember the grocery stores only carry a three day supply of food which will most likely be gone in a few hours.

Your supplies should include:

- Water: 1 gallon per person per day
- Non perishable canned food or commercially purchased emergency food with a mechanical can opener
- Flashlights with spare batteries
- First aid kit
- Personal hygiene items
- Prescription medications
- Sturdy shoes and gloves
- Battery or crank radio
- Tarps and duct tape
- Blankets and sleeping bags
- Extra pet food

Note: Purchases may be limited to \$\$ cash only, so keep emergency funds on hand.