Clackamas Fire District #1 is committed to creating a more disaster resilient community. Throughout the month of September, Clackamas Fire will be observing National Preparedness Month. By partnering with residents and community partners in the District, we will work to share the preparedness message. We are available to speak to clubs, neighborhood associations, businesses, office staff, church groups, etc, on the subject of emergency preparedness. The 45 minute discussion takes a very practical approach to individual and family preparedness. Please call (503) 754-2902 to schedule a presentation for your group.

The big event for the month will be the Community Emergency Preparedness Seminar. This free seminar will take a more in-depth look at the Elements of Preparedness, including: food storage, 72-hour kit preparation, family communication plans, and much more!

**Emergency Preparedness Seminar**

**Date:** Tuesday, September 30th  
**Time:** 6:00 – 8:00pm  
**Location:** Clackamas Fire District #1 Training Center  
16170 SE 130th  
Clackamas, OR 97015  
**Cost:** FREE

Seating is limited, so please go to [www.clackamasfire.com/disasterprep.html](http://www.clackamasfire.com/disasterprep.html) to enroll today!

For more information contact:  
Gregg Ramirez at (503) 754-2902 or gregg.ramirez@clackamasfire.com

Gregg D. Ramirez CCEMTP  
Emergency Manager  
Clackamas Fire District #1
Knowing that your family and loved ones are safe is a priority. To do this we recommend the following tips:

- Discuss your family plan in case you need to use it.
- Have an out-of-state contact in case local telephone lines are down.
- Designate a local meeting spot.
- Make a mental note of where each family member's location at specific times during the day.
- Keep the information current.
- If your employer requires you to stay at work during a disaster, have a predetermined person check on your family and make contact with you or the out of state contact.

For Additional Information
See Web Sites Listed Below

www.clackamasfire.com
www.clackamas.us/emergency/
www.oregon.gov/omd/oem
www.ready.gov
www.earthquake.usgs.gov/prepare/
www.redcross.org/prepare

Get emergency notifications sent to your home phone, cell phone and email.

CCENS
CLACKAMAS COUNTY EMERGENCY NOTIFICATION SYSTEM

It takes only minutes to register go to clackamas.us/emergency/ccens.html

We are available free of charge to provide an emergency preparedness presentation to your club, church group, neighborhood association, etc...

Please contact:
Gregg Ramirez
Emergency Manager
(503) 742-2660
GREGG.RAMIREZ@CLACKAMASFIRE.COM

FAMILY GUIDE TO EMERGENCY PREPAREDNESS

PREPARE NOW

CLACKAMAS FIRE DISTRICT #1

For Emergency Services Dial 911
### Disasters to Prepare For

#### Severe Weather
- Prepare for extended power outages
- Plan for extra food and water needs
- Have a plan for pets/livestock
- Plan for heating needs
- Drive only if essential
- Monitor local news/radio channels for emergency information
- During freezing conditions, protect pipes and leave a faucet dripping

#### Floods
- Clear storm drains of leaves
- Sandbag in advance if needed
- Evacuate when asked to do so
- Take your pets with you
- Help others during an evacuation
- Do not drive through flood waters
- Rescue only by throwing a floatable device

#### Earthquake

**Prepare**
- Create a plan
- Prepare disaster kits
- Secure and strengthen your home

**Survive**
- Drop, cover, and hold on

**Recover**
- Check for injuries
- Check for building damage
- Check for utility damage

#### Utility Shutoffs

**Know the location of the following**
- Main electrical shut off
- Main water valve shut off
- Gas valves (natural or propane)
- Location of water and gas wrenches

**Note:** Only shut off gas if you suspect a leak

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#### Emergency Preparedness Kits

**Home, Vehicle and Work**

The amount of supplies you should have depends on the type and severity of the disaster. In the event of a large disaster you may need one to two weeks worth of food and water. Remember the grocery stores only carry a three day supply of food which will most likely be gone in a few hours.

Your supplies should include:
- Water: 1 gallon per person per day
- Non perishable canned food or commercially purchased emergency food with a mechanical can opener
- Flashlights with spare batteries
- First aid kit
- Personal hygiene items
- Prescription medications
- Sturdy shoes and gloves
- Battery or crank radio
- Tarps and duct tape
- Blankets and sleeping bags
- Extra pet food

Note: Purchases may be limited to $50 cash only, so keep emergency funds on hand.